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## Autism Reveals the Cutting-Edge Understanding of the Neurological Basis of Creation

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## Editorial

Can ALL autistic beings realize and manifest their creative abilities? Why do only some autistic beings Thrive with their unique gifts and talents while the majority struggle to survive in society?

This editorial seeks to answers these questions and reveals the actual power of creation as embodied by autistic beings.

To understand this process of creation, we first need to understand the answer to these questions:

• What is the nature and the true role of the brain and the brain cells that are in the actual state of being of creation?

Neuroscience has discovered that there is a gap of a few milliseconds between the firing of the neurons in the brain and the actual conscious recognition of the thought and then the performance of the corresponding action. What this means is that the neurons in the brain fire even BEFORE the actual thought or even the intention to perform an action is recognized. So, what is causing this firing of the neurons? Where is this Intention for wanting to take action coming from and what is "INTENT"? Here is the Energy basis understanding of the process:

The INTENT is arising from Universal field of Intelligence and Energy (Everything in the Universe is made up of Energy). The Intention is coming from the conscious recognition of the desire/impulse as thought/ feeling. In other words, this Universal field of Intelligence and Energy is the "conceiver" of the creation, the brain is the "receiver" of this Intent for creation and the brain cells "respond" to this by releasing the chemicals that lead to the cascade of events "resulting" in the desired action .This is the process of Co-Creation AND using "Free-Will" to create one's own reality.

• Is the Ego (what I mean while using the term "ego" is the conscious recognition of the self as "me") present in the state of being of creation? In other words, is there a conscious recognition of the ego/self while in the process of creation?

The state of being that most autistic people are in most of the time, hold the answers to these questions .Autistic beings, to most neurotypical people observing them, appear to be "not here" most of the time. Which is actually a reflection of the fact that there are very much in the NOW and so very much in perfect sync with the INTENT of the Universal field of Intelligence? It is THIS state of being, as perceived by most "neurotypical people " (who are mostly rooted in the mind/self/ego awareness) that is usually interpreted as being "lost in their own world" or "self-absorbed". Nothing could be farther than the truth. Autistic beings when they are in this state of being are actually most PRESENT and most in-tune second by second and most connected to the Universal field of Intelligence Received date: 15 Nov 2015; Accepted date: 16 Nov 2015; Published date: 20 Nov 2015.

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and Energy. So much so that they are "absent" as the mind/self/ego, but are actually the most complete embodiment of the sync and resonance between the individual and this universal field of intelligence and energy.

This is why Autism is the next stage in human evolution - where man is BEING more and more of the Creato; which is what he was designed to BE, in the first place. But has forgotten this through centuries of cultural conditioning and emotional policing. Autistic beings REMEMBER this at a cellular level and can thrive with this "KNOWING". Provided they are given the opportunity to do so.

The state of being of "TRUE Creation" or "Creating" to be more accurate because it is a "present continuous" ongoing process is the seemingly paradoxical state of intense activity and yet immense "Presence" an "Inward Stillness/Silence". The closest analogy that might help neurotypical people understand this state of being better would be that of a river that is constantly in motion, never stopping, and yet, beneath the surface, in the deeper layers filled with calm, steady and clear currents.

The brain that is in this state of being of "True Creation" (not the romanticized versions of "creation") is no different. In other words, the intense activity or firing of the neurons in the creative brain, especially as reflected with great fidelity by the autistic brain is anchored in the intense "stillness" at the cellular level of the entire being. To the extent of even being "non-verbal" (Haven't all of us had glimpses of those powerful, truly creative moments when we realize "words cannot describe the intensity of what I am feeling/experiencing"?

This "Creation" need not necessarily manifest as conventionally accepted and recognized expressions of creation such as music or art or language and so on. It can express itself as simply "Being" and "Experiencing" or not "doing" anything. And THIS is where the autistic state of being is invariably either not understood or is misunderstood by the so called neurotypical minds rooted in recognizing the more familiar and hence more comforting signs of creations as "tangible" manifestations.

The ONE indispensable aspect of this "True" state of Creation is the absence of the "self/negative ego". And the irony is that THIS is why this state of being, especially in autistic beings cannot be "comprehended" by the "intellectual mind" that the so called neurotypical brain is accustomed to. Because, there is no way the ego/thinking mind can even attempt to understand this state of being. Unless the neurotypical person has the undiluted Intention to want to actually EXPERIENCE this state of being. And this intention is in turn supported by the Universal INTENT (from the Universal field of Intelligence). In other words, if one wants to understand the "autistic mind in THIS state of true creation", then the ONLY way is to step in the direction of the autistic state of being rather than trying to drag the autistic person (with relentless effort) into what

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may be culturally accepted "normal" way of life and living that is far removed from this state of being. In short, experiencing what the autistic person is experiencing is the key.

And this is exactly what Intent Healing(<sup>ss</sup>) helps you to do . In order to help you FEEL what the autistic person is Feeling. And not just in the creative state of being, but also in their experience of life itself. Intent Healing (<sup>ss</sup>) taps into this universal field of intelligence and energy, leveraging the power of Intent , clarifying the Intentions and Manifesting the desired results/outcomes by Re-Aligning the person's Energies to resonate with optimal health and well-being on ALL levels. This is explained in detail in the online course available at authenticautismsolutions.usefedora.com .This Paradigm-Shift brought about by channeling energies is what helps close the gap between the working of the so called neurotypical minds and the autistic mind.

And it is only when this is actually experienced by the neurotypical person that they can even begin to understand the meaning of life itself, which is Eternal Creation.

Autistic Beings are the next stage in human evolution that are already Living this state of being. IF only they are allowed to do so. And many a times in spite of challenges and restraints to the contrary imposed by the neurotypical minds, even if it is coming from the "best of intentions for the autistic person".

The question that comes up is - what exactly is Interfering or Preventing all individuals with autism to be able to reveal their creative genius in a manner that can be "seen" by the neurotypical people or even the rest of the world in a manner that can be collectively "recognized" as "genius" (In any case , the point of view of whether someone is in fact a "genius" or not, by itself depends largely on "collective agreements" of human beings at any point in time. Which is why many "geniuses" are "recognized and "accepted" as geniuses in Retrospect by the "majority" of humanity)??

These are a few of the factors preventing or interfering with the blossoming and the manifestation of this genius that is present in ALL autistic beings:

- Energy disturbances brought on by the PROJECTIONS of the Fear, Anxiety, Stress/Tension, Resentment, Frustrations, Hopes and Expectations coming from a state of misalignment in the people who live and interact with the person with autism, primarily the parents. However well meaning and with "good" intentions they may be doing so. More often than not, without even their own awareness.
- Too fast and too huge of the "download" of information from the universal field of Intelligence or the Global Brain that makes it difficult for the autistic person's brain to keep pace and translate those

"downloads" in a manner that is "Intelligent " and Intelligible". In my article "The Third Brain in Autism" (that can be perused in the online course on autism, the link to which is given at the end of this editorial) I explain in detail as to how the autistic brain is connected to the "Global Brain".

• Lack of adequate "downtime" of "doing nothing". The best analogy to describe this would be like pulling out the seed out of the soil every five minutes to see if it is growing a shoot and then covering the seed with the soil again. And repeating the same without giving the seed enough time to even "settle" in the fertile ground to absorb the nutrients in order to grow. And, this "downtime" includes not preparing the soil enough, giving it enough time for it be "fallow". The important thing to understand here is that this "downtime" varies with each individual with autism and could take months or even years. Not just that, to the "observer" of such an individual, it may seem like the person with autism is "doing nothing" or "wasting their time" or like "time is running out " as , many a time and in fact, invariably , the person with autism experiencing this downtime is "playing" and being "playful" apparently with no "logical" "end or outcome" that can be discerned.

THIS cannot be fathomed by the so called neurotypical mind/people as, to them this seems like an "utter waste of time".

Ironically, it is this very same neurotypical minds that later come up with "studies" linking creativity with playful attitude and the importance of indulging in play in order for creativity to blossom, and so on, while all the time unable to recognize, digest and handle the "extreme "expressions of these very traits in the autistic person!

The HIGHEST form of creation is Transforming Limitations into avenues for growth, expansion and thriving with joy and passion. This cutting-edge creation takes the form of children with non-verbal autism speaking for the first time in their lives, adults with autism living and flourishing independently, enjoying meaningful and joyous relationships with ease and so on. It is this Creation and Creative process that autistic beings embody and realize. Often in an environment that not only does not support them in most cases , but also offers more and more obstacles in the form of pressure to conform to conditionings that thwart and prevent these very creative abilities and talents that they are born with, from blooming.

This is as far as how much words can be used to convey this state of being in Autism. The rest is experienced in the creative process of Intent Healing. Those wanting to explore this further and wanting to know more about the Paradigm-Shifting understanding in autism it is recommended to peruse the online course - The Energy Basis of autism and the solution here: autheticautismsolutions.usefedora.com